



# NON-VIOLENT SHIELD TRAINING - NST®

# "Train The Trainer" Program

#### NON-VIOLENT SHIELD TRAINING INSTRUCTOR PROGRAM

In this two day seminar, the participant will be taught a series of non-violent shield techniques. They were carefully designed to quickly and safely secure violent individuals in a humane manner. Upon successful completion of the program, your trainer will transmit this safer approach to your staff. All participants will receive a train the trainer's manual, and other expert instructions.

## Participants will:

- Understand basic concepts of Turtle-Shield education
- Apply scientific methods of NST
- Identify various ways to a safer crisis intervention
- Demonstrate appropriate techniques for different situations
- Learn a series of NST secrets for a quicker and safer crisis intervention
- Review the 3 basic rules of NST
- Understand how the law of gravity applies to NST
- Demonstrate ways to prevent patient asphyxiation
- Practice program delivery methods

### WHY IS THIS PROGRAM IMPORTANT TO YOU

Statistics show that the problem of patient assaults to staff is increasing at an alarming rate. Promoting a safer milieu for your organization will save time, money, and unnecessary litigation. One mental health hospital reported that the annual cost incurred due to patient assaults to staff is \$766.000.

### WHO SHOULD TAKE THIS COURSE

Organization such as, Hospitals, Mental Health Hospitals, Corrections, Juvenile Detention Centers, Schools, etc. .